Mamuśka! Polish Kitchen and Bar

SPRING MENU



OPENING HOURS

SUNDAY - THURSDAY.....11:30 - 23:00 *Our FABULOUS KITCHEN SERVES FROM 12:00 NOON UNTIL 21:30, DAILY

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020 3602 1898 www.mamuska.net

> WiFi: Mamuska Guests Password: mamarocks

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Follow us on Instagram: @mamuskapolishkitchen



Bye, bye darkness. Hello Spring!

Drinks Menu

*MEANS ALCOHOL FREE | All spirits are 40% abv unless stated otherwise

ANTICIPATORY SPECIAL

SUMMER BREEZE....£9.00

OK, it's only April. BUT WE REFUSE TO WAIT!! Join our salute to the forthcoming fun season with this luscious creation from Mama: 50ml Soplica Apricot, Aperol and Prosecco, garnished with a juicy orange slice. Liquid Sunshine!!



DRAUGHT BEER **2022 PRICES!** PINT HALF

BRIXTON BREWERY

Coldharbour Lager (4.5%)	£6.50		£3.25
Reliance Pale Ale (4.2%)	£6.50	•••••	£3.25
TYSKIE BREWERY			
Tyskie Polish Lager (5.2%)	£6.50	•••••	£3.25
ŻYWIEC BREWERY			
Żywiec Polish Lager (5.6%)	£6.50		£3.25



New Brews! 500ml BOTTLE

500ml BOTTLE

AMBER BREWERY

Złote Lwy (5.6%)	.£8.50
Chmielowy Pilsner (5.0%)	.£8.50
Naturalny (5.7%)	.£8.50
APA (5.2%)	.£8.50
Pszeniczniak Wheat Beer (5.2%)	.£8.50
Grand Imperial Porter (7.8%)	.£9.50
Johannes Pilsner (6.5%)	.£8.50
Koźlak Bock (7.8%)	.£8.50

BROKREACJA

Kiwi (2.8%).....£7.40

RECRAFT BROWAR

Milcoffeel - Coffee Milk Stout (5.2%) .. £7.00

BROWAR GOŚCISZEWO

DROWAR GOSCISZEWO
Letnik 2.2 - Radler (A Polish Shandy)£5.00
Surfer - Wheat Beer (4.8%)£6.00
Komtur - Dark Larger (6.5%)£6.60
Szeryf - Polish IPA (5.2%)£6.50
Rycerz - Full Jasne (Open Fermentation) (5.7%)£6.20
*Detektyw (Non-Alchoholic APA)£4.20
Czarownica New England Double IPA (7.2%)£7.50

2022 PRICES!





House Drinks & Cocktails £9.00. Two for £15.00 when ordering the same FOR OTHER CLASSICS CHECK WITH YOUR SERVER

Cherry Frostbite:

Soplica Cherry, zesty lime and maraschino kiss a cozy, winter embrance.

Daiquiri: Cuban Carnival in a Glass Rum, passionfruit and lime - it's a Cuban carnival in your mouth!

Espresso Martini: Polish Elixir

Vodka, Soplica Coffee, and a sweet twist - it's the elixir that fuels the night with a touch of Polish soul.

Margarita: Tropical Citrus Fiesta Tequila, citrus, and your fruit choice - classic, strawberry or passionfruit.

Mojito: Minty Cuban Fiesta

Classic, strawberry or passionfruit - a minty

Nut Sour: Amaretto's Nutty Joke Amaretto tells a nutty joke to Malibu, with a lemon punchline.

Pash 'n Shoot Pornstar: Love Triangle in a Glass

A love triangle: passionfruit, vodka, and Prosecco drama.

Peachtini: Polish Orchard Reverie

Mirabelle and peach - the taste of a Polish orchard in a glass.

Plum Delight: Velvet Polish Plum Soplica Plum, cranberry, egg white - a velvet

Whiskey Sour/Amaretto Sour: Classic Sours with a Twist

Classic sours with Bourbon or Amaretto, a frothy, twisty laugh.

Spring Time Faves.....£8 1 LITRE PITCHER ALSO AVAILABLE£25.00

Szarlotka: Apple Pie Sip Żubrówka, apple, and a cinnamon hint like apple pie in a glass.

Sex on The Beach: Vodka's Flirty Adventure with peach schnapps and fruit

Mama's Bloody Mary: Polish

Spice Hug Vodka, tomato, Tabasco - a spicy Polish mama's hug.

Vodka Slushies 250ml 5%..

Szarlotka

Zubrówka Bison Grass & apple juice

Plum

Soplica Plum & cranberry juice

Blackcurrant Wyborowa & blackcurrant

iuice

Cherry Soplica Cherry, Żołądkowa Black Cherry & apple juice

OCKTAILS..

Virgin Mary: Zesty Tomato Bliss A zesty blend tomato juice and secret spices - pure bliss.

Cinderella: Fruitful Enchantment An enchanting blend of orange, pineapple and cranberry juices

Hot Booze

Hot Mama£8.00
Hot Mama is a comforting, spiced embrance with the warmth of $\dot{Z}ubr\'owka$, featuring the aromatic touch of a cinnamon stick.
Hot Daddy£8.00
Hot Daddy, featuring Krupnik Honey Liquor, offers a subtle honeyed hug with a slice of lemon.
Polish Coffee£6.50
(Coffee + 25 ml of Vodka + Cream) Any Soplica of your choice!



Espresso (single/double)£2.50 /	£3.25
Americano	£3.00
Cappuccino / Latte / Flat White	£3.00
Mocha	£3.20
Tea	£2.50
Hot Chocolate	£3.00
Filter Coffee	£2.00
NEW! Barszcz (Celery)	£3.00

750ml



Drinks Menu

*MEANS ALCOHOL FREE | All spirits are 40% aby unless stated otherwise



175ml

VODKA

CLEAR VODKA (40%)

Belvedere (Proper posh) 50ml | £11.50 / 700ml | £149.50

Biały Bocian 50ml | £6.20 / 700ml | £79.50

Czarny Bocian 50ml | £7.00 / 500ml | £63.00

Konik's Tail 50ml | £11.50 / 700ml | £149.50

Luksusowa Potato & Rye 50ml | £7.50 / 700ml | £97.50

50ml | £7.50 / 700ml | £91.00

Wyborowa (Best-selling rye) 50ml | £6.00 / 700ml | £78.00

Wyborowa Exquisite 50ml | £11.50 / 700ml | £145.00

Wyborowa Potato 50ml | £6.00 / 500ml | £54.00

Wyborowa Wheat 50ml | £6.00 / 500ml | £54.00

Żubrówka Czarna (Best value) 50ml | £7.00 / 700ml | £91.00

KRUPNIK DESSERT VODKA

25ml | £2.50 / 50ml | £3.50 / 500ml | £34.00 (abv 16%)

Salted Caramel, Cappuccino, Coconut, Pistachio, Raspberry

Spirits & Mixers

You can order any of our delicious vodkas and spirits with a mixer of your choice. Ask your server for the price!

SOPLICA

25ml | £3.00 / 50ml | £5.00 / 500ml | £44.00 (28% to 32%)

Apple, Almond & Caramel, Apricot, Cherry, Cherry Chocolate, Hazelnut, Hazelnut Chocolate, Coffee, Plum, Quince, Raspberry, Strawberry, Lemon & Mint, Lemon & Quince, Lemon & Honey, Lemon & Raspberry

LUBELSKA

100ml bottle | £10.00 (30%) Blackcurrant, Cherry, Cranberry, Pomegranate, Grapefruit, Mango, Lemon, Pear

OTHER FLAVOURED VODKA

Bocian Cherry (30%) 50ml | £5.00 / 500ml | £44.00

Mad Dog: Wyborowa's Fiery Kick |

Featuring Wyborowa, raspberry syrup and a dash of Tabasco, offers a bold twist with a fiery kick.

Krupnik Lemon (32%) 50ml | £5.00 / 500ml | £44.00

Krupnik Old Style Honey (38%) 50ml | £6.00 / 500ml | £58.00

Śliwowica (55%) 50ml | £8.60 / 500ml | £80.00

Żubrówka Bison Grass (37.5%) 50ml | £6.00 / 700ml | £70.00

Żołądkowa Black Cherry, Fig or Mint (30%) 50ml | £5.50 / 500ml | £46.00

Żołądkowa Gorzka Classic (34%) 50ml | £5.50 / 700ml | £70.00

WHITE

WINE

Sauvignon Blanc | San Andres (Chile) citrus/crisp (12.5%)........... £6.00......£24.00 Merlot | San Andres (Chile) cherry/plum/chocolate (13%)................. £6.00........£24.00 Cabernet Sauvignon | San Andres (Chile) blackcurrant (13.5%) .. £6.00£24.00 Malbec | San Andres (Chile) black&blueberry (13%) £7.00 £29.00

BUBBLES Prosecco Spumante Dry (10.5%).....£8.00£8.00

50ml

3PIRITS

Brokers London Dry Gin.....£6.00 Bufalo Trace Bourbon£8.00 Monkey Shoulder Scotch £8.00 Havana Club Rum£6.00 Courvoisier Cognac£9.00 Tequila Blanco (38%).....£8.00 Jägermeister (35%).....£7.00

SMOOTHIES

Strawberry Split£5.00 Strawberry & Banana Berry Go Round.....£5.00 Blackberry Strawberry & Raspberry Pash "n" Shoot.....£5.00 Passionfruit, Mango & Pineapple

SOFT DRINKS

Still / Sparkling Water (500ml)	£3.00
Coke / Diet Coke / Coke Zero/ Sprite / Fanta (330ml)	£3.00
Fever Tree Tonic / Soda Water / Tomato Juice (200ml)	£3.00
Kubuś (330ml)	£3.00
Tymbark (250ml)(apple&mint, apple&cherry, orange&peach, apple&mango)	£3.00
Assorted Juices (250ml)£3.00 / 1ltr (apple, orange, cranberry, pineapple, blackcurrant)	£7.00
Fruit Kompot (250ml)£3.00 / 1ltr	£8.00
Red Bull (classic/sugar free)	£4.00
Milkshake (Add Krupnik Dessert Vodka 50ml +£2.50)	£4.00

Vodka Boards

DESSERT BOARD

6 x 50ml | £20.00 / 6 x 25ml | £14.00 Coconut, Raspberry, Salted Caramel, Pistachio, Cappuccino, Raspberry, Old Original Honey

NEW MOVES

6 x 50ml | £46.00 / 6 x 25ml | £28.00 Wyborowa, Wyborowa Potato, Luksusowa, Bocian Czarny, Wyborowa Exquisite, Bocian Cherry, Served wit a portion of Smalec!

RAINBOW LOVE

6 x 50ml | £28.00 / 6 x 25ml | £16.00 Soplica Honey Lemon, Apple, Quince, Strawberry, Cherry, Plum

BERRY GOOD

6 x 50ml | £28.00 / 6 x 25ml | £16.00 Soplica Cherry, Lemon&Raspberry, Cherry Chocolate, Strawberry, Raspberry, Żołądkowa Black

FRUITY & NUTTY

6 x 50ml | £28.00 / 6 x 25ml | £16.00 Soplica Apple, Apricot, Quince, Plum, Hazelnut, Almond & Caramel

WINTER WONDERLAND

6 x 50ml | £28.00 / 6 x 25ml | £16.00 Soplica Coffee, Cherry Chocolate, Hazelnut Chocolate, Plum, Almond & Caramel, Hazelnut,



Starters, Lunch & Sides

STARTERS



Smalec | £6.50 (Gluten)

Nothing like a little fat to start your meal, we always say! This rich and creamy pate goes best with a clear vodka shot. Served with two slices of bread and Polish gherkins.



Sałatka Jarzynowa | £6.50 V (Mustard)

This vegan version of the Polish classic has no eggs and we use vegan mayo, so everyone can enjoy the taste that turned the Founder onto Polish food!



Chips With Melted Cheese | £6.50 (Milk)

Imagine golden, crispy chips under a bubbling blanket of melted cheese... With dairy or vegan cheese, these are great to share over a beer or a vodka. Or both?



Oscypek | £6.50 (Milk)

Introducing the cheeky chappy of cheeses - the one and only Oscypek! This Polish delight is not your average run-of-the-mill cheese. Oh no, this little guy is bursting with personality and a taste that will leave you wanting more!



White Sausage | £6.50 (Gluten, Soy)



People think Polish white sausage is only to put in Żurek soup. NOT TRUE! Fried onion, this unique 'biała kiełbasa' makes the perfect starter to get your tummy ready for the main event. Served with bread.



Pork Krokiet z Barszczem | £6.50 (Gluten, Celery)

Minced seasoned pork surrounded in an eggfree crepe, breaded and deep-fried to order. Your own mama may not let you dunk, but dipping this traditional treat in our homemade barszcz is absolutely permitted here at Mamuśka!



Sauerkraut and Mushroom Krokiet z Barszczem | £6.50 V (Gluten, Celery)

Not just for our vegetarian and vegan friends, many in Poland consider this sauerkraut and mushroom stuffed croquette to be the original - and the best!

Allergens & Dietary

CHICKEN **TURKEY**

FISH BEEF PNRK

> VEGETARIAN VEGAN

DAIRY FREE **GLUTEN FREE** All allergens are listed in brackets, but if you would like to see our fancy, full Allergen Chart, please ask and we will fetch it for you.

ALLERGIES?

If you have a SEVERE allergy to a food item, please ALWAYS consult staff before ordering.

Please note that we have an open, non-segregated kitchen and while every reasonable precaution is taken, we cannot guarantee that items have not been cross-contaminated in production or

service.

(For example, air-bourne flour particles from pierogi dumpling production may find their way into GF product.)

Soup of the Day

SERVED WITH A SLICE OF BREAD (Gluten)

Our soups are created from scratch every day by our Polish chefs. They may be vegan, vegetarian, chicken or porkbased. Check with your server to find out if we have your favourite today!



450ml

£4.50 £3.00

SIDES & Extras

Sour Cream£1.50 Pork Gulasz Sauce....£3.00 Mashed Potatoes£3.00 Bread£2.00 Mushroom Sauce.....£3.00 Chips.....£3.50

LUNCH DEALS £8.00

£9.00 WITH DRINK / £10.00 WITH HAPPY DRINK* (*HALF PINT BEER OR SMALL HOUSE WINE)

Smaller portions of some of your favourite dishes - Choose One

Includes small salad bar serving Monday - Friday, 12-4PM

IN A HURRY? (MAX 10 MINS)

(For allergens check 'Mains' section)

- Pork Gulasz, mash
- Vegan Stew, mash
- Bigos, bread
- Half kiełbasa Polish sausage, chips
- Gołąbki (1 pc) on potato with tomato

SLOW DOWN, MAMA! (10-15 mins)

(For allergens check 'Mains' section)

- 5 pierogi, any flavour, toppings
- Chicken Fingers, battered & fried, chips
- Placki 2 potato pancakes, any topping



APIEKANKA - SERVED WITH SIDE SALAD - ONLY AVAILABLE WEEKDAYS BETWEEN 12-4PM - EAT IN ONLY



Pierogi & Pancakes

Poland's most famous dumplings





Placki Ziemniaczane (Eggs, Gluten)

These golden-brown, oven-fried potato pancakes are the perfect base for one of our stews or sauces... or amazing on their own! Choose your topping:

Naked 🌱 (Eggs, Gluten)	£11.00
Sour Cream 🌱 (Eggs, Gluten, Milk)	£12.50
Pork Gulasz 🖛 (Eggs, Gluten)	£15.50
White Mushroom Sauce 7 (Eggs, Gluten, Milk)	£14.00
Vegan Stew 7 (Eggs, Gluten)	£12.50

Add dairy cheese on top (Eggs, Gluten, Milk) £2.50

Add vegan cheese on top (Eggs, Gluten) £3.50

WAMA'S SET FOR 2 (For allergens check page 4)

£50.00



3 course set menu made for sharing!

Served with a portion of mash, chips and 2 salad bar servings.

Starters: Sałatka Jarzynowa, Smalec, Mixed Pierogi (all toppings, 10 pcs), Oscypek smoked cheese

Mains: Bigos (200g), Gulasz (200g) and Schabowy!

Dessert: Sernik - Cheesecake to share



BIG Plates



CHOOSE YOUR CARB! Plus ONE visit to the salad bar included Our carbohydrate accompaniments are swappable. This isn't football mate, so feel free to change sides! And don't forget to visit the salad bar!









CHIPS GF



Breaded Chicken Breast Tower | £19.90

See the description for our amazing schabowy tower above? Well, it also comes in 'chicken flavour'! Kurczak Panierowany, layered with onion, peppers and sausage stew and topped with melted cheese.



(Eggs, Gluten, Milk)

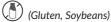




Kiełbasa | £13.90

We are almost as famous in Poland for our sausages as we are for our dumplings, and this grilled kiełbasa on a bun, served best with chips, is a great example why. Ask for melted cheese top for a special treat.







Pork Gulasz | £14.90

Beautifully tender pork shoulder meat makes this the perfect warming-up dish. Don't dig around in it looking for the vegetables; this is the Polish version! Pair it with our creamy mashed potatoes for a perfect combination!





Bigos | £14.90

It's the last chance saloon for our Hunter's Stew, a wintery, warming and bountiful stew filled with pork shoulder, sausage wild mushrooms, sauerkraut and tomato. Best served with bread.



Vegan Stew | £14.90

You don't need to be a full-on vegan to feel like you may need an occasional break from meat. Courgette, sweet potatoes, chickpea, tomatoes and spices gives this vitamin-packed dish a nice bite. Try with potatoes.

Add melted vegan cheese on top | £3.50







Slow Roasted Beef Cheeks | £21.90

(Celery, Soybeans, Sulphur)

(Mustard, Sulphur, Soybeans)

What a dish! Slow-braised and lovingly set in a rosemary red wine sauce, these tender morsels are a real melt-in-your mouth treat. Goes well with mash potato, to soak up that gorgeous sauce!



Gołabki | £14.90

These beautifully-constructed, hand-rolled, stuffed cabbage leaves are bathed in our own home-made tomato sauce and lovingly served up on our mashed potatoes. Unfortunately, they are named after very stupid birds. Can you guess which breed?





GF (Celery)



Schabowy | £15.90

There is a reason this beautiful is still our top seller. Our tenderised, breaded and pan-fried pork loin is closest you can get to Poland without a travel visa. Add melted cheese on top | £2.50 (Eggs, Gluten, Milk) Add mushroom sauce on top | £2.50 (Eggs, Gluten, Milk)





Breaded Cod Fillet with Chips | £21.00

We took our hand-breaded cod fillets off menu when price of cod went through the roof last year. Now that everything has almost doubled in price, we've put it back on the menu.. We can't explain it. A lot of you just really wanted to eat fish!





Vegan Schabowy | £14.90



Schabowy Tower | £18.90

(Eggs, Gluten)

Some people claim there is nothing new about the Polish kitchen. Our reply is, 'BITE... into this'. We start with our classic breaded pan-fried kotlet, smoother the first half with a beautiful kiełbasa leczo sauce, add the second half, more leczo on top, then melted cheese over the lot! Enjoy!



Our breaded fillets of pork and chicken now have a

new vegan sibling, thanks to our talented Head Chef. This fries up as close to the real thing as you could hope for and is even better with melted cheese or mushroom sauce on top (vegan cheese if you are strictly vegan, mind).







Breaded Chicken Breast | £15.90

Kurczak panierowany! A tenderised, breaded and pan-fried chicken breast. Delicious halal chicken in a crispy, golden coat.



(Eggs, Gluten)

🦵 (Eggs, Gluten, Milk)

Add melted cheese on top | £2.50 (Eggs, Gluten, Milk) Add mushroom sauce on top | £2.50 (Eggs, Gluten, Milk)



Vegan Schabowy Tower | £15.90

Our new vegan kotlet, cut in half and stacked with vegan cheese and vegan stew. A hearty and warming welcome to all our vegan and vegetarian friends! (Goes great with a side of bacon!)







Desserts

ALL CAKES MADE ON SITE

Szarlotka | £6.50 (Gluten, Eggs, Milk)
Polish apple cake with a thick layer of apples and a crumble crust.
Ask your server to add an extra scoop of ice cream! (+£2.50)

Kremówka Cream Cake | £6.50 (Gluten, Eggs, Milk)
Our version of this Polish classic uses filo pastry top and bottom and two glorious hand-made creams in the centre.

Royal Cheesecake Sernik | £6.50 (Gluten, Eggs, Milk)
Polish baked style with a chocolate base and a caramel glaze.

Marshfield's Local Ice Cream | £2.50 - 1st scoop, £1.00 - extra scoop Ask your server about flavours! (May contain Eggs, Gluten, Soy, Milk, Nuts, Sesame and Sulphites)

Marshfield's Sundae | £5.00 (Add Krupnik Dessert Vodka 50ml | +£2.50) Made with Marshfield's Local Ice Cream and whipped cream

Magnum Classic/Vegan/Caramel, Oreo Sandwich | £3.00 (May contain Eggs, Gluten, Soy, Milk, Nuts, Sesame and Sulphites)





500ml | £34.00 (abv 16%)

It's all Krupnik; Coconut, Raspberry, Salted Caramel, Pistachio, Cappuccino, Raspberry, Old Original Honey







Word Search

BIGOS
BROWAR
CHLEB
GOŁĄBKI
KOPYTKA
MAMUSKA
NALESNIKI
PEIROGI
POLAND
SCHABOWY
WARSZAWA
ZAPIEKANKA
ZUPA

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Draw the World Famous Peirogi

Did you know?

While other parts of the world celebrate 11th November as Remembrance Day, Armistice Day and Veterans Day, for Poles the end of the Great War (WW1) is perhaps even more significant. Poland was partitioned by Germany, Austria and Russia in 1795 and finally regained its independence at the end of the war. The rebirth of the nation was actually won gradually, but in the years following the end of WW1 Poland's leaders chose this date to mark the return of Poland's sovereignty.

